



Kestrel Heights Elementary News

January 5, 2017

Webb's Word of the Week

"A goal without a plan is just a wish." - **Antoine de Saint-Exupery**

With the start of a new year we have new opportunities to make and achieve goals. Make sure that with each goal, you make a plan to get there. If your first plan doesn't work, don't give up, make a new plan. You can do it!

Dr. R. L. Webb

Important Dates/Announcements

January 6 - Dress Down Friday

January 13 - SkyZone Spirit Night 4-10pm see attachment with email.

January 16 - Martin Luther King Jr. Day - No school

January 23 - Protected Teacher Work Day - No school for students (inclimate weather make-up, if needed)

Career Day Presenter Sign-Ups

Career Day for the elementary school is March 17th and we would LOVE it if you would come talk to our students about your amazing profession! There will be two sessions, one in the morning from 8-10 and one in the afternoon from 12-2 - feel free to sign up for both sessions :) We will send each presenter who signs up for Career Day a packet to will help them prepare for the event. Feel free to call or email Mrs. Kennedy with questions or concerns. Please use the *SignUp Genius* link below to sign up to be a presenter. Thanks for volunteering!

<http://www.signupgenius.com/go/10c0c4ba9ac28aafd0-khes1>

Good Grief Club

KHES provides a small group, called The Good Grief Club, which supports children coping with the death of a loved one. The Good Grief Club will meet every other Friday from 2:30-3:15 in Mrs. Kennedy's office, starting on Friday, January 13th and continuing through Friday, April 21st.

Who is eligible for the group?

- Any child who has experienced the death of a significant person in his/her life: parent, sibling, grandparent, friend, or anyone else with whom the child was close.
- The death could have occurred at any time – recently or years ago. (As children mature cognitively, they sometimes revisit the loss and show signs of early grief again.)

Student pick-up will be in back carpool line. Parents should pick-up their student no later than 3:30. Students who attend the YMCA will be escorted over after group.

Parents need to sign permission forms for students to participate in the group; Mrs. Kennedy can send the forms home with your child, so please let her know if your child is interested in participating. If you have any questions or concerns, please do not hesitate to contact her at kennedy@kestrelheights.org or 919-323-6504 x325.

2017-18 Lottery Applications

We are now accepting applications for the 2017-18 new student lottery! Applications are available on our website and in our front offices. The deadline for all applications, including siblings, is Friday, February 24th.